



## FACTS TO KNOW

- The Paramedics that are participating in this Program are Lancaster EMS employees and are qualified to provide education. All Lancaster EMS employees submit to regular background checks.
- Please schedule appointments at least three weeks in advance.
- Those receiving our New Parent Program education will receive a Heartsaver CPR certification card in the mail about three weeks after their visit.



Lancaster EMS, also known as "LEMSA", is a premier, nationally accredited ambulance service located in Lancaster County, Pennsylvania. Our diverse emergency response service area serves over 200,000 residents. This area also includes numerous tourist attractions, industries, businesses and colleges.

We operate from nine different locations providing advanced life support (ALS), basic life support (BLS), wheelchair van; specialty and bariatric patient transportation services. Lancaster EMS offers medical standby coverage at sporting events, VIP visits to the County and other mass gatherings and events. Our organization, in partnership with the Pennsylvania College of Health Sciences, conducts Emergency Medical Technician and Paramedic Programs.

Lancaster EMS is the busiest EMS and only nationally accredited provider in Lancaster County answering over 30,000 requests for service in 2013.

Our employees and volunteers are highly skilled, continually trained and are committed to providing the highest quality pre-hospital care in the region.



1829 Lincoln Highway East

Lancaster, PA 17602

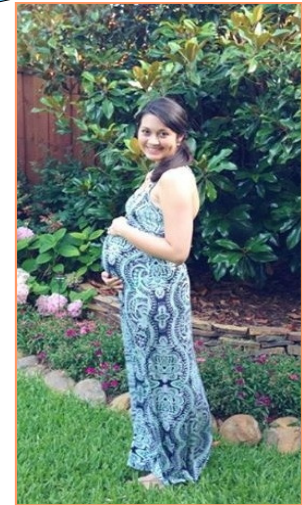
Phone: (717) 481-4841

[WWW.LEMSA.COM](http://WWW.LEMSA.COM)

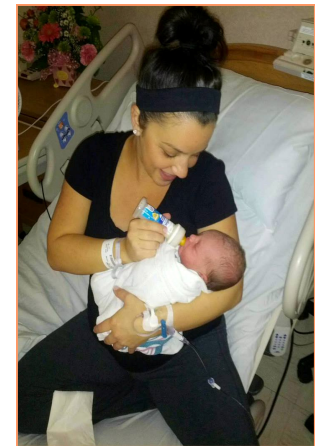
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## NEW PARENT PROGRAM



## NEW PARENT PROGRAM



- Introducing a new member to your family can be a joyful experience
- Most new parents have questions about the health and safety of their newborn.
- Lancaster EMS has developed a program dedicated to families with newborns.
- The New Parent Program covers topics such as:
  - >Common Medical Emergencies
  - >Safe Sleep
  - >Heartsaver CPR
- Our highly experienced EMS educators will bring the New Parent Program to your home to help you prepare for the big day!



## PROGRAM HIGHLIGHTS



### \*SIDS Education:

Sudden Infant Death Syndrome is a tragic experience for any parent. Our Paramedics will educate parents on reducing the risk of SIDS. This education will also address infant safe sleeping practices.

### \*Heartsaver CPR/Child & Infant Choking:

Our certified Paramedic educators will train and certify parent(s) in performing Heartsaver CPR on adults, children and infants and how to help a child or infant who is choking. The parent(s) will receive a Heartsaver CPR book and an AHA Friends and Family Infant Manikin (while supplies last).

### \*Shaken Baby Education:

Our Paramedics will provide education about "Shaken Baby Syndrome" prevention, as well as valuable resource material for the parents and other caregivers. They will also discuss caregiver factors that may lead to increased risk of shaken baby syndrome. Prevention and the signs and symptoms of shaken baby syndrome will also be reviewed.

### \*Febrile (fever) Seizure Education:

Our Paramedics will provide education about febrile seizures and how a parent should respond when an infant is having a seizure. This type of medical emergency may sometimes require assistance from emergency medical personnel. Our Paramedics will discuss general information about when to call for an ambulance.

## ADDITIONAL INFORMATION

- Each New Parent Program is catered to your individual needs. The program generally lasts about two hours.
- Cost is \$135 (includes all educational material).
- Appointments or questions can be made by calling Lancaster EMS's Education Department at: 717-872-4688 ext. 234.
- Our Paramedics will come to your home, or you may schedule an appointment to come to one of our locations. Programs are offered during weekdays between 8:00 a.m. and 9:30 p.m. Based on instructor availability, Saturday Program times may be possible.

